



**Internal Quality Assurance Cell
Nalbari College, Nalbari Assam,
Pin-781335**



- 1. Title of the event: Student Enrichment Programme.**
- 2. Venue: Nalbari College**
- 3. Date: 11/04/2023 & 12/04/2023**
- 4. Organized by:** Career Counselling and Guidance Cell, Nalbari College, in Association with Internal Quality Assurance Cell, Nalbari College, Nalbari
- 5. Programme Coordinators: Dr. Bidyut Kumar Das & Mr. Rintu Deka**
- 6. Name of the Resource persons:**

- i) **Mr. Himanshu Barman**
Entrepreneur & motivator,
Managing Trustee, Kalpavriksha Trust
- ii) **Dr. Suresh Chakraborty**
Professor, Department of Psychiatry, GMCH, Guwahati
- iii) **Mr. Arindam Talukdar**
Associate professor & HoD, History, Bhattadev University
- iv) **Mr. Anjan Chowdhury**
Soft Skills and Life Skills Consultant, Founder, Skillfinity

- 7. No of Participants in details (students): 301**
- 8. Nature of Participation: Students & Teacher**
- 9. Activities Carried out / Detail Description of the event:**

The Vice-President of NCSU's esteemed programme for 2023 was aptly named the "**Student Enrichment Programme.**" This well-curated two-day workshop, held on April 11th and 12th, 2023, was thoughtfully segmented into four sessions, accommodating students from both the Arts and Science streams. We were honored to invite four distinguished resource persons to lead each session.

The Student Enrichment Programme aimed to equip our students with knowledge and insights into potential avenues for entrepreneurial ventures, awareness about mental health issues and fostering strategies for promoting overall well-being among our students, to ignite a sense of motivation and drive among our students, instilling in them the belief that they can overcome obstacles and achieve their aspirations and arm our students with indispensable soft skills crucial for navigating the complexities of today's competitive landscape. Acknowledging the pivotal role of attributes like effective communication, teamwork, and adaptability, the session aimed to furnish pragmatic insights and tools for skill refinement.



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With the rapidly evolving landscape of business and technology, fostering an entrepreneurial mindset among students is essential for their holistic development and future success. Mr. Himanshu Barman, our esteemed resource person, brought a wealth of practical knowledge and expertise to the session. As the founder and Managing Trustee on Kalpavriksha Trust Mr. Barman shared invaluable insights gained from his entrepreneurial journey, highlighting key challenges, opportunities, and strategies for success in today's dynamic business environment. Mr. Barman provided guidance on crafting a comprehensive business plan, emphasizing the importance of market research, financial projections, and scalability. The session explored the role of technology and innovation in driving entrepreneurial success, showcasing how disruptive technologies can create new business opportunities.

Recognizing the importance of mental health in academic success and personal development, the programme aimed to equip students with practical tools to manage stress, anxiety, and other mental health challenges effectively. Dr. Suresh Chakraborty, a notable psychiatrist in Assam, served as the key resource person for the session. With extensive experience in the field of mental health care, Dr. Chakraborty brought a wealth of knowledge and insights to the programme, guiding students towards a better understanding of mental health and strategies for maintaining emotional balance. Dr. Chakraborty highlighted the importance of seeking help and reaching out for support when facing mental health challenges, encouraging students to prioritize their mental health needs without hesitation.

Mr. Arindam Talukdar, a distinguished figure in academia and leadership, served as the esteemed resource person for the session. His vast experience and deep insights added weight to his motivational discourse, resonating profoundly with our student audience. Stressing the value of continual self-improvement, Mr. Talukdar motivated students to embrace learning as a lifelong pursuit, vital for personal and professional advancement.

Mr. Anjan Chowdhury, an eminent figure in the realm of skill cultivation, lent his expertise as the keynote resource person for the session. His extensive background in training individuals across diverse industries enriched the programme manifold. Mr. Chowdhury elucidated the attributes of effective leadership while equipping students with methodologies for proactive problem-solving. The programme fostered engagement through role-plays, group deliberations, and immersive simulations, enabling students to



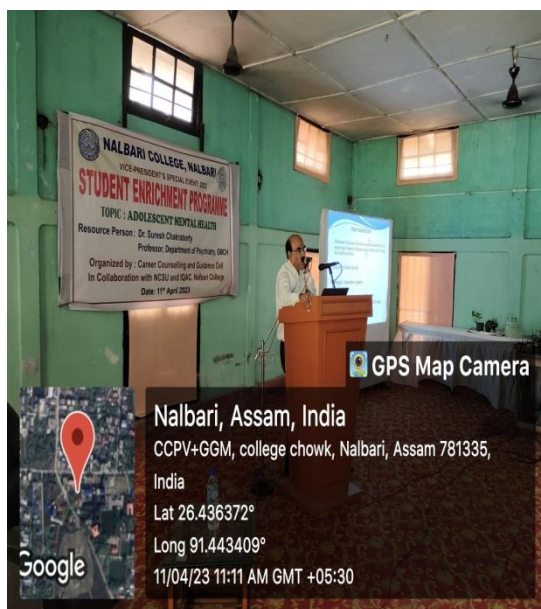
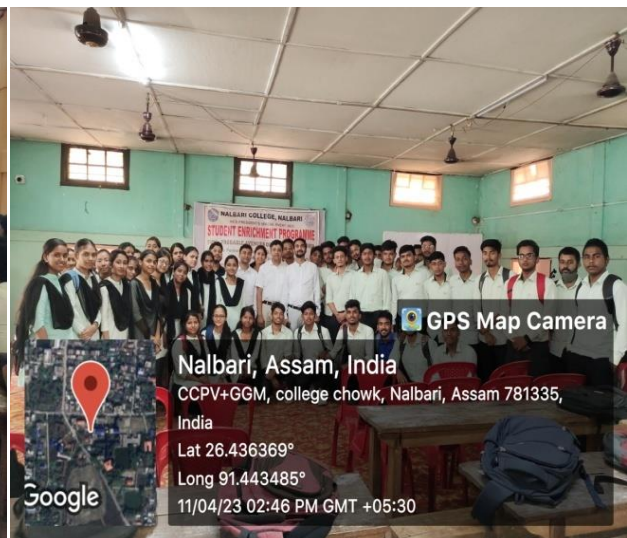
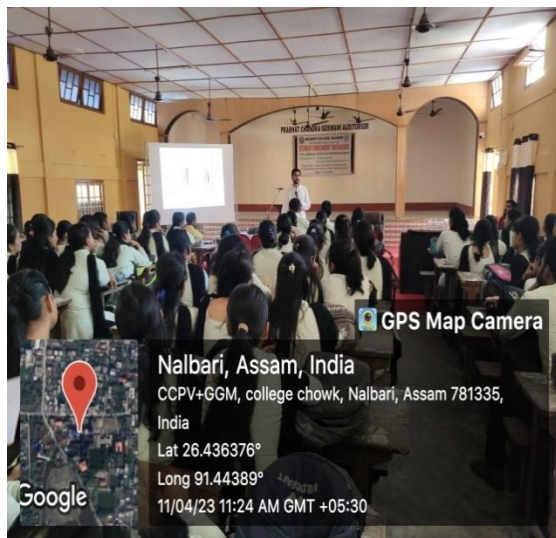
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apply and finesse their soft skills within a supportive milieu.

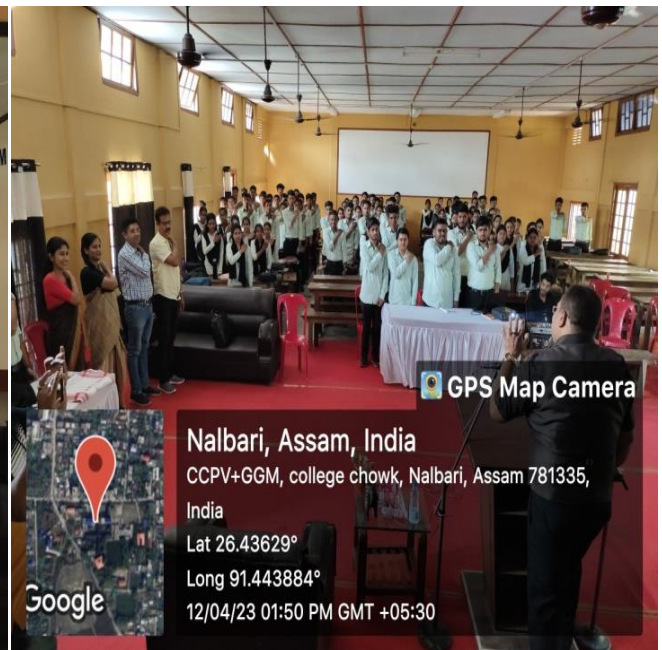
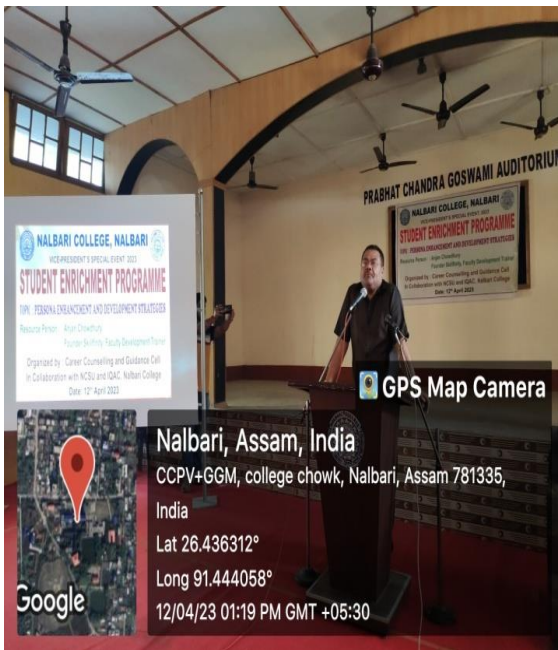
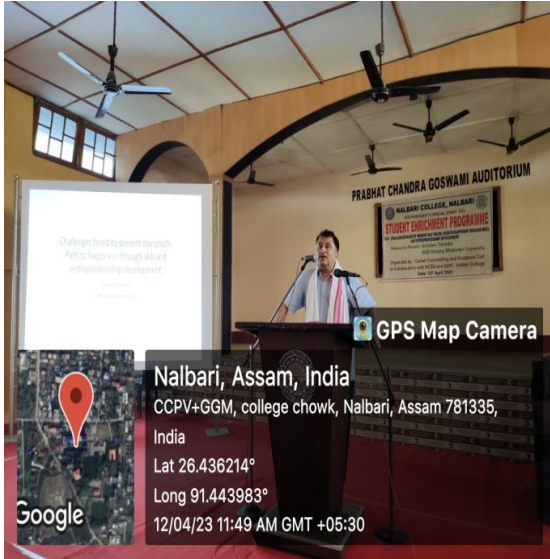
Feedback and Impact: Students' feedback was overwhelmingly positive, with many lauding the session's hands-on approach and relevance. Numerous participants expressed heightened confidence in their ability to communicate persuasively, collaborate seamlessly, and confront challenges with resilience. Several students reported feeling more equipped to manage their mental health and support their peers effectively.

10. Photographs:





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11-04-23

Sl. No.	Name	Department	Contact no.
1	Nishita Kalita	Economics	6000079425
2	Upasana Braishya	Economics	9394921114
3	Upasmita Deka	English	9101746350
4	Rimpy Yeasmin	English	8009643148
5	Dikshita Das	Political	9394566086
6	Parasmita Kapilya	Pol. Sc	9508008021
7	Upasana Sarma	Education	8822050194
8	Bhagyansee Das	Economics	9365502323
9	Troshona Bhattacharyya	Economics	6003017736
10	Nishita Kalita	Education	6002298073
11	Lina Sarania	Education	9407820959
12	Nikunani Sarania	Economics	7806811520
13	Naimin Akhtara	Economics	8472017820
14	Tahmani Das	History	8402073206
15	Pallabi Das	Philosophy	8822446287
16	Amindita Das	Economics	9957272414
17	Deeji Deka	Economics	9365715298
18	Pulana Braishya	Economics	8822558399
19	Bhaskar Sarma	Economics	9101470759
20	Rakesh Braishya	Economics	6003192451
21	Pooja Sharma	History	9864179535
22	Baharul Haque Choudhury	History	6026268979
23	Nasirul Amish Ullah	History	6003446740
24	Aparajita Das	Assamese	8822509469
25	Bhitali Choudhury	Assamese	9864986274
26	Chayanika Choudhury	Political Science	88223655809
27	Piya Talukdar	RE	7086787502
28	Turci Kalita	RE	8011994204
29	Dirmpi Braishya	RE	6901098263
30	Kamkama Kalita	RE	8011989293
31	Mayurakshi Bhattacharyya	English	9365477638
32	Bhaskari Talukdar	English	8822509469 6026827773
33	Bansha Baruah	English	8822544298
34	Sanghamitra Barman	English	9485477014
35	Kritika Rajbanshi	English	9865486279

Dutta Brothers



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Sl. NO.	Name	Department	Contact no.
36	Prasasti Barakati	Assamese	7086276375
37	Priya Barahma	Assamese	9707889140
38	Pragya Sumah	Economics	9578761352
39	Muqav Kuman	Economics	6503566317
40	Gilam Das	"	876199500
41	Shreerakshoni Patua	Geography	7002435463
42	Bhaswati Barman	Geography	9305049559
43	Baiki Rajbongshi	Pass course	8822620789
44	Prabal Pratam Medhi	"	6901147553
45	Bhabatit Barman	"	8486642026
46	Nikita Kalita	philosophy	8822169192
47	Bhupali Tamuly	philosophy	8822101797
48	Jannatuz Jalal	Philosophy	9864925229
49	Dhrutismita Baishya	Economics	9864964343
50	Bikashita Sutta	Economics	9101941861
51	Dimpy Sarma	Economics	7099815305
52	Swagata Dutta	Economics	9864936389
53	Jankey Rani Koncan	Economics	9864564226
54	Dipshikha	Economics	6000411944
55	Jwri Kalita	Economics	7636804062
56	Dyotismita Barman	Economics	8822065530
57	Nishita Choudhury	Economics	9365874853
58	Abhilasha Sharma	Political Science	8723852857
59	Alpana Rajbongshi	Political Science	9127536265
60	paramita Elahi	Political science	9394861095
61	Ankita Kalita	Political Science	8486487226
62	Antara Kalita	Political Science	9707183480
63	Swsmitta Baishya	Political Science	7577810215
64	Shantrichoudhury	Political Science	7086406697
65	Rinika Parashar	Economics	6001701180
66	Pinakshi Mahanta	Economics	799126308
67	Anamika Barman	Economics	6003242419
68	Abinash Choudhury	BCA	9101166527
69	Foijul Ahmed	BCA	9995562502
70	Sangita Kalita	Economics	0864852080

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SL NO.	Name	Department	Contact no.
71	Risa Akhtar	Economics	6001483079
72	Puspajali Barman	Economics	9707989533
73	Papari Hazarika	Philosophy	9679291636
74	Manashi Kalita	Philosophy	9864937476
75	Manita Deka	philosophy	9864931952
76	Dixita Bhagabati	Economics	9822481309
77	Malabika Bhattachaj	Economics	9678069209
78	Chandamita Nath	Economics	9365722791
79	Dimpi Kalita	Economics	6001790139
80	Priyanka Kumari	Economics	8403975570
81	Dimpi Deka	Economics	6001587881
82	Simi Sauma	Economics	9365930290
83	Rima Ahmeda	Economics	6001229449
84	Hasma Ahmed	Economics	9476745274
85	Madhusikha Bhagabati	Political Science	7002800549
86	Bagmita Deka	Political Science	6003544355
87	Kuldeep Baisya	History	9864899669
88	Sansib Bommam	Regular course	9864874805
89	Koushik Tahbildar	Political Science	8822341009
90	Aberoxa Kalita	History Department	7086294283
91	Tonitona Harsheon	History Department	8822154378
92	Bhrajit Borah	Political Science	8413065625
93	Mrimoy Das	Political Science	6002958603
94	Ashim Sarma	Political Science	8822562490
95	Sudipta Sarma	English	8822129087
96	Mandita Das	English	6002922407
97	Alibin Saha	Economics	9678507337
98	Mousam Kalita	History	96100234133
99	Jayprakash Kalita		6000529734
100	Jagannath Paul	Economics	7635855391
101	Kuldeep Barman	"	8822418197
102	Tushar Kanti Sanyal	"	9395002647
103	Dhrupad Kalita	Political Science	6002847240
104	Sikhamoni Kalita	"	6000562052



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Dr. S. S. Saha

Sl. No.	Name	Department	Contact no.
105	Divyansmita Kalita	Zoology	6000347985
106	Nilangana Das	Zoology	7099578937
107	Karabi Sarma	English	7099796451
108			
109	Arindam Talukder	Chemistry	7086288687
110	Tyokishman Daini	Physics	6000814494
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Signature of Resource Person:
Dr. Surendra Choudhary 9864015757



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36	Jyotika Chakravarty	Zoology	8822145019	72
37	Deepjyoti Sarmah	Physics	9859311101	73
38	Bhaskar Rajbongshi	Physics	8638309096	74
39	Nabajyoti Baruahya	Physics	7099874266	75
40	Mridul Kalita	Physics	650577655	76
41	Ankur Kalita	Zoology	9101283362	77
42	Kausthik Kumar Das	Zoology	9395119468	78
43	Soli Sajid Akhal	Zoology	7002767049	79
44	Rohan Das	Zoology	6003168687	80
45	Tommay Goswami	Zoology (4th sem)	9395753240	81
46	Abhijit Barman	Zoology (4th Sem)	6901689697	82
47	Divya Smila Kalita	Zoology (6th sem)	6000394915	83
48	Arshita Medhi	Zoology (6th sem)	600569749	84
49	Mridusmila Medhi	Zoology (6th sem)	7636853362	85
50	Nilangana Das	Zoology (6th sem)	7099578937	86
51	Rakim Parashar	BSc II 4th Sem	6003021095	87
52	Mridanka Chandhury	BSC IT 4th Sem	9101940134	88
53	Jyoti Rajbongshi	BSC IT 4th Sem	9864435521	89
54	Himangshu Baradwaj	BSC 6th Sem	9864930522	90
55	Samar Das	BSC 6th Sem	6026976358	91
56	Jyotisman Satma	BSC 2nd Sem	9435513086	92
57	Grimmal Baro	BSC 6th Sem	9367762697	93
58	Hrushikesh Deka	B.Sc 6th semester	9864926623	94
59	Prabonon Nasirbary	B.Sc. 6th Sem	6002484926	95
60	Rom Chandra Bichona	B.Sc. 6th sem	7637851170	96
61	Nikita Barshya	BSc Zoology 4th sem	6007143589	97
62	Anusujan Talukdar	B.Sc. 4th sem	7086285687	98
63	Jyotisman Das	B.Sc 4th Sem	6000814424	99
64				100
65	Signature of Resource Person:			
66	Shimant Barman	9506	9508326286	
67	kalparoviksha.office@gmail.com			
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Sj. No.	Name	Department	Contact no.	Sj. No.	
71	Samiran Boruah	Zoology 4th sem.	600 84 95421	105	Pooj
72	Jintu Barman	Zoology, 4th sem	6901550879	106	Prab
73	Abhijit Barman	Zoology, 4th Sem	6901689697	107	Kau
74	Prakant Barman	Economics 4th Sem	6003192451	108	Bio
75	Palash Karthyak	Geography, 2nd Sem	8471904075	109	Dak
76	Prabal Sarma	Zoology, 6th Sem	7086331548	110	Jyoti
77	Deepjyoti Deka	Economics 4th sem	6002888786	111	Ju
78	Kuwali Shandilya	Economics 4th Sem	9678179359	112	Moz
79	Himani Jyoti Jalukdar	Economics 4th Sem	7099147348	113	Be
80	Nibir Wajem	Economics 4th Sem	9678507337	114	M
81	Souren Das	Geography 2. Sem	6002761821	115	K
82	Hirak Jyoti Sarma	Geography 2. Sem	9864576037	116	A
83	Chhotu Kumar Rajak	Geography 2 Sem	8046378416	117	Wa
84	MD. Aman Hossain	Geography 2. Sem	8123032539	118	Fe
85	Mamashi Kalita	Philosophy	9864937976	119	J
86	Mamita Deka	Philosophy	0865931952	120	F
87	Malabika Bharadwaj	Economics (6th Sem)	9678069209	121	M
88	Nishita Ghoshwary	Economics (4th Sem)	9365574853		
89	Abhilasha Sharma	Political Science (4th Sem)	8723852857		
90	Silpa Kalita	Physics	7099464237		17
91	Manasi Mazumdar	Zoology	8222390142		27
92	Richa Barman	Zoology	9085170162		37
93	Bhaskwati Butta	Maths	8222078371		47
94	Trishna Das	Zoology	7002399720		57
95	Swasmita Bhattacharyya	Zoology 4th Sem	6002809839		67
96	Jyotismita Das	Zoology 4th sem	6000966709		77
97	Banasmita Basishya	Zoology 4th sem	6001519142		87
98	Sangita Jalukdar	Economics 4th sem	7637064141		97
99	Dipamoni Deka	Economics 4th sem	8099494258		107
100	Nikita Jalukdar	Zoology 2nd Sem	8822089410		117
101	Mrigakshi Sarma	Zoology 2nd sem	6002026659		127
102	Payal Patowary	Zoology 2nd Sem	0707124316		137
103	Ankur Kalita		9101283362		147
104	Bhargab Kamal Basishya	Zoology dept	9101910636		157



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S.No.	Name	Department	Contact No.
105	Pooja Sharma	History dept. 2 nd sem	9864179535
106	Prabal Deka	Zoo. dept. 2 nd sem	8638311855
107	Kaushik Kr. Das	"	9395119448
108	Bichut Bireesh Sarna	Zoo dept. 2 nd Sem	7099289250
109	Debarzation Thakuria	" " 6 th sem	8222451149
110	Jyotisma Talukdar	Zoo dept 6 th Sem	936534427
111	Jupika Chakravarty	" " " "	8822145019
112	Mozakkir Hussain	" " 2 nd Sem	8474068529
113	Bishal Patowary	Zoo dept 2 nd Sem	8753916520
114	Merimoy Das	Political Science	6002958603
115	Kaushik Sarna	English 6 th Sem	6001833230
116	Abinash Choudhury	BCA 4 th sem	9101166527
117	Whitilim Chakravarty	BCA 4 th Sem	9707124645
118	Fajjul Ahmed.	BCA 4 th Sem	9395562502
119	Jubin Raysonesshi	B.Sc - IT 4 th Sem	9864435521
120	Raktom Parashar	B.Sc. IT 4 th Sem	6003021095
121	Mougambar Choudhury	B.Sc IT 4 th Sem	9101990139
<u>Signature for</u>		<u>Union members</u>	
1)	Bishal Mishra	Physics (AGS)	8876815770
2)	Jyotishman Duti	Physics 4 th sem	6000814494
3)	Rohanghani Saikia	(B.P.E. 2 nd yr)	
4)	Tushar Barman	(B.P.E. 3 rd yr)	
5)	Arnavjan Talukdar	(B.Sc. 4 th sem)	7086285687
<u>Signature of Resource Person</u>			
1.	Arindam Talukdar	Bhutanese Univer	8811079381
2.	Anjan Choudhury	Anjan	9101740144