



**Department of Geography**  
**Nalbari College, Nalbari Assam, Pin-**  
**781335**



- 1. Title of the event: Certificate Course on Personality Development and Capacity Building**
- 2. Programme Code: NC/GEOG/ADD ON/23**
- 3. Venue: Department of Geography, Nalbari College, Nalbari, Assam.**
- 4. Date: 17/11/2023 to 25/11/2023**
- 5. Organized by: Department of Geography, Nalbari College.**
- 6. Programme Coordinator: Binita Devi, Assistant professor, Dept. of Geography, Nalbari College.**
- 7. No of Participants in details (students): 103**
- 8. Nature of Participation: Students**
- 9. Activities Carried out/Detail Description of the event:**

The Department of Geography, Nalbari College has organized a Certificate Course on Personality Development and Capacity Building from 17<sup>th</sup> November to 25<sup>th</sup> November 2023. The course was developed to enhance students' capacity to get success in their academic as well as professional life in future. All together 30 sessions have been conducted where resource persons from different departments of Nalbari College as well as from other institutions have grace the sessions with their expertise presentations on different areas on personality development and capacity building. To evaluate the students understanding group discussion, MCQ test was arranged too. The students who have successfully completed the program were awarded with a Certificate.



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**10. Course Content:**

Course Syllabus  
**Certificate Course on Personality Development and Capacity Building**

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**Content**

- Unit 1: Importance of personality development
- Unit 2: Ways to develop positive attitudes
- Unit 3: *Matribhasar Gurutta*
- Unit 4: Importance of time management
- Unit 5: Self Esteem, strategies to build healthy self esteem
- Unit 6: Team work to achieve a common goal
- Unit 7: The Concept of success & failure
- Unit 8: Importance of understanding democratic rights
- Unit 9: The art of public speaking strategies
- Unit 10: Communication and interpersonal skills of an individual
- Unit 10: Body language for effective Communication
- Unit 11: Decision making skills for conflict & stress manage
- Unit 12: Character building and personality development
- Unit 13: Strategies to develop strong work ethics
- Unit 14: Importance of self motivation, self motivation techniques
- Unit 15: Leadership & qualities of a successful leader
- Unit 16: importance of good manners and etiquette in daily life
- Unit 17: Importance of effective financial management
- Unit 18: Interpersonal Relationship
- Unit 19: Importance of E-Learning and E-Learning management
- Unit 20: Group Discussion, Seminar, Examination

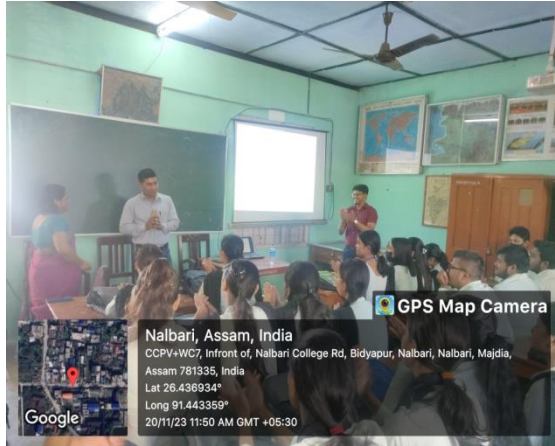


11. Photographs:





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12. Enrollment Form:

DEPARTMENT OF GEOGRAPHY	
NALBARI COLLEGE NALBARI	
CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING	
STUDENTS ADMISSION / ENROLMENT FORM	
Name of the Student	: SIMANTA HALOI
Guardian Name	: UPEN CHANDRA HALOI
Class / Semester	: 5 <sup>th</sup> SEMESTER
Subject	: GEOGRAPHY (M/A)
Class Enrolment Number:	237
GU Roll Number	: UA-211-194-0286
GU Registration Number:	21023918
Religion	: HINDU
Caste	: GENERA
Community	: ASSEMESE
Nationality	: INDIAN
Language Known	: ENGLISH, HINDI, ASSEMESE
Area of interest	: VIDEOGRAPHY
Contact No.	: 6001335890
E-Mail ID	: simantahalois@gmail.com
	
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Date: 10/11/23	Signature of the Student: <i>Simanta Haloi</i>
Place: NALBARI	

DEPARTMENT OF GEOGRAPHY	
NALBARI COLLEGE NALBARI	
CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING	
STUDENTS ADMISSION / ENROLMENT FORM	
Name of the Student	: Sushmita Bhattacharyya
Guardian Name	: Brajen Bhattacharyya
Class / Semester	: BA 1 <sup>st</sup> Sem
Subject	: Geography
Class Enrolment Number:	185
GU Roll Number	:
GU Registration Number:	18
Religion	: Hindu
Caste	: General
Community	: Assamese
Nationality	: Indian
Language Known	: Assamese
Area of interest	: Drawing
Contact No.	: 7635946622
E-Mail ID	: bhattacharyyasushmita@gmail.com
	
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Date: 14/11/2023	Signature of the Student: <i>Sushmita Bhattacharyya</i>
Place: Nalbari	



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13. MCQ based Examination:

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CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING  
(ADD ON Course)  
Summative assessment for students

Q.1. Why is having a positive attitude important?

a) to show opposite reaction      b) to deal with stress & mental situation  
c) behave like an angry person      d) none of the above

B

Q.2. What are the signs of mental stress?

a. Crying spells or bursts of anger      b. Difficulty eating  
c. Losing interest in daily activities      d. All of these

A

Q.3. Time management is the:

a) use of working schedule      b) art of effectively planning your time  
b) effective communication      d) art of human resource management

B

Q.4. Body language is the use of:

a) physical behavior      b) expressions  
c) mannerisms to communicate non-verbally      d) All of these

d

Q.5. The development and acquisition of qualities and abilities that help you grow and develop in your personal and professional life is called:

a) personality development      b) capacity building  
c) both a & b      d) none of a & b

A

Q.6. Feeling inferior to others is:

a) High self esteem      b) Low self esteem  
c) Cognitive self esteem      d) None of the above

B

Q.7. i) Colonialism involves direct control over a territory and its people  
ii) Neocolonialism involves indirect methods to control a territory and its indigenous people.

a) i) is true ii) is false      b) i) is false ii) is true  
c) i) & ii) both are true      d) i) & ii) both are false

d

Q.8. "A leader is one who knows the way, goes the way, and shows the way" the statement given by:

a) Mahatma Gandhi      b) John C. Tax well  
c) Abraham Lincoln      d) Aristotle

d

Q.9. E-PG Pathshala, SWAYAM, NEAT, PRAGYATA are

a) NGOs      b) Satellites  
c) e-learning initiatives      d) Political organizations

c

Q.10. Maintaining an upright and open posture, keeping good eye contact, smiling, are the signs of:

a) positive attitude      b) positive gesture  
c) personal capacity      d) all of these

d

Q.11. Mother Tongue (Matribhasa) is most significant because:

a) it is the first language      b) cultural identity  
c) own language      d) all of the above

d

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Name of the Student : Kobayashi Dutta

Semester : B.A 3rd Sem

Class Roll Number : 156

GU Roll Number :



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**14. Students Signature:**

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CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING

Resource Person: Dr. Rahul Daimary

Date: 21/11/2023 Time:

1. Dr. Rahul Daimary	28. Bishwojit Deumathi
2. B Talukdar.	29. Janmoyee Choudhury.
3. P. Chakravarty	30. Manu Pratim Kashyap
4. Meghali Kalita	31. Bhargab Sarma
5. Tushar Baishya	32. Simanta Haloi
6. Riniki Barman	33. Zubair Arif
7. Darabhi Kalita	34. Harensiham Barman
8. Anghulika Shakweya	35. Nikhila Das
9. Sushmita Bhattacharyya	36. Kabayshu Dutta
10. Nisha mani kalita	37. Ritamoni Deka
11. Prabir Datta	38. Dipshikha Kalita
12. Jitu Prasad Sarma	39. Bhargabee Baishya
13. Arup Paul	40. Chayanika Talukdar
14. Bhargab Sarma	41. Chayanika Devi
15. Riza Begbarwah	42. Dipasri Baishya
16. Swarangbili Goyazi	43. Jyotishman Das
17. Nitumani Khanikar	44. G. Kashyap
18. NIBIR DEKA,	45. K. Dutta
19. Trishna Mani Deka	46. P. Charvya Barman
20. Himasree Talukdar	47. Harshita Das
21. Barasmita Deka.	48. K. Kalita
22. Alvina perevin	49. Kangkana Boruah
23. Champak Das	50. Trishna Barman.
24. Rehib Ali	
25. Purnima Baro	
26. JutikaPani usin	
27. Madhusmita Hazarika	

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CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING

Resource Person: Dr. Kamal Nayon Patwary

Date: 17-11-2023

1. Kamal Nayon Patwary	28. Priyam Bezbarwah
2. Thalia C. Barman	29. Prabir Datta
3. Himsh Thakurani	30. Jitu Prasad Sarma
4. Keemli Devi	31. Pankaj Talukdar.
5. Rishi D. Ghoshal.	32. Brajesh Bezbarwah
6. Giken Chandra Deka	33. Saunav Das
7. Anghulika Shakweya	34. Partha Pratim Malakar
8. Kabayshu Dutta	35. Parag Jyoti Baishya.
9. Ritumoni Deka	36. Husshika Barman
10. Madhusmita Hazarika	37. Dhritesmita Devi
11. Darabhi Kalita	38. Dipshikha Malakar.
12. Sushmita Bhattacharyya	39. Niharika Deka.
13. Sukhashree Devi	40. Gurima Deka
14. Anomika Deka	41. Soniya Das
15. Anomika Das	42. Bishtal Barman.
16. Riza Begbarwah	43. Nitumani kalita.
17. Swarangbili Goyazi	44. Barasmita Deka
18. Tumamoni Das	45. Alvina perevin
19. Soukar Das	46. Sima Hussain
20. Sonomi kalita	47. Tina kalita
21. Simanta Haloi	48. Babish Kashyap
22. Zubair Arif	
23. Bhargab Sarma	
24. Manu pratim Kashyap	
25. Hadi Hasan	
26. Ahmad Syarif	
27. Binommal Haque	



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 CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING

Resource Person: Ranjana Bhattacharya

Date: 25/11/2023 Time:

1. Ranjana Bhattacharya	28. Anamika Deka
2. Prishnu Bhattacharya	29. Dreamer Das
3. Rimli Barman	30. Simanta Haloi
4. Niharika Deka	31. Charanab Sarma
5. Bonasha Barman	32. Zubair Arif
6. Kuni Barman	33. Manas Pratim Kashyap
7. Anghulika Thakuria	34. Soukav Das
8. Sanathi Kalita	35. Chayanika Talukdar
9. Ritamoni Deka	36. Deepshikha Kalita
10. Madhusmita Hazarika	37. Teishna Kalita
11. Nishita Das	38. Bhagyashree Baisya
12. Kalyansri Dutta	39. Krishna Mani Haloi
13. Susmita Bhattacharya	40. Niharika Deka
14. Anjannamal Haque	41. Geetika Deka
15. Harekrishna Brahma	42. Nibir Deka
16. Ahmad Iyazuf	43. Deepshikha Malakar
17. Prabin Dutta	44. Saniya Das
18. Tita Prasad Sharma	45. Trishna Mani Deka
19. Arup Paul	46. Trishna Devi
20. Najmul Hussain	47. Nisha Mani Kalita
21. Prantar Dutta	48. Jyotishmon Das
22. Bishwajit Sarmah	49. Palash Kashyap
23. Kishorjyoti Bhattacharya	50. Tushar Kanti Kashyap
24. Rafik Ali	
25. Jannamal Das	
26. Alina Parvin	
27. Banasmita Deka	

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Resource Person: Dr. Nipan Mozumdar

Date: 20/11/2023 Time:

1. Nipan Mozumdar	28. Prantar Dutta
2. Binu Das	29. Najmul Hussain
3. Lachana Samal	30. Arup Paul
4. Rini Smita Bhattacharya	31. Kishorjyoti Bhattacharya
5. Gitan Ch. Deka	32. Nishita Talukdar
6. Hadi Hasan	33. Nishita Bhattacharya
7. Pujia Das	34. Tita Prasad Sharma
8. Rimli Barman	35. Rafik Ali
9. Kanakana Kalita	36. Manash Pratim Sharma
10. Saniya Das	37. Hirak Jyoti Kishorjyoti
11. Chayanika Talukdar	38. Anjannamal Haque
12. Deepshikha Malakar	39. Ahmad Iyazuf
13. Nisha Mani Kalita	40. Prabin Dutta
14. Sushmita Bhattacharya	41. Ritamoni Deka
15. Nishita Das	42. Madhusmita Hazarika
16. Uditshikha Das	43. Sanathi Kalita
17. Sima Kalita	44. Anghulika Thakuria
18. Mrigalshi Sharma	45. Dhriti Smita Devi
19. Banani Barman	46. Soukav Das
20. Bonashmita Deka	47. Prantik Bhattacharya
21. Alina Parvin	48. Sonomi Kalita
22. Manas Pratim Kashyap	49. Ahmad Iyazuf
23. Zubair Arif	50. Anjannamal Haque
24. Simanta Haloi	
25. Anamika Deka	
26. Dreamer Das	
27. Nibir Deka	



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Dept. of Geography  
 Nalbari College

Certificate Course on Personality Development and  
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Attendants:

1) Jorahi Kalita	19) Sagarika Das
2) Sapthika Malakar	20) Jinti Haloi
3) Hrudayha Barman	21) Prourab Barman
4) Jit Ghosal Sarma	22) Rupam Kalita
5) Anayashmi Datta	23) Anghumam Magumdar
6) Chondan Bezbaruah	24) Bishmita Nath
7) Sarika Ramchary	25) Himangshu Kalita
8) Manjanka Dutta	26) Samar Jyoti Kumar
9) Dikant Das	27) Abinash Bezbaruah
10) Shubangee Barman	28) Tanusree Goutam
11) Siba pasad Barman	29) Abinash Barman
12) Ujjal Barman	30) Pratul Bhattacharya
13) Dikshita Bhatta	31) Bikas Das
14) Tena Boruah	32) Nabamita Das
15) Bhanu Barman	33) Palash Kashyap
16) Meghali Barman	34) Sourav Das
17) Dhritimita Devi	35) Bhawati Barman
18) Risha Biswas	36) Kankana Haloi
19) DIPSHIKHA KALITA	37) Luky Haloi
20) GARIMA DEKA	38) Aniket Datta
21) INJAMA MITUL AHMED	39) Meghali Kalita
	40) Nikita Talukdar
	41) Manash Pratim Sarma
	42) Gopi Kashyap

43) Gitanjali Barman	69) Karish Khan
44) Koushik Chakrabarti	70) Bhitesmi Patowary
45) Karthika Kalita	71) Madhumita Das
46) Krishna Manish Haloi	72) Purnima Baro
47) Jyoti Rami Das	73) Partha Pratim Malakar
48) Himi Poljorjhi	74) Pragyati Barik
49) Hrudayesh Barman	75) Niharika Deka
50) Goman Ram Chong	76) Nishita Bhattachary
51) Karish Talukdar	77) Palash Kashyap
52) Madhumita H	78) Sourav Das
53) Nikhita Das	79) Tena Kalita
54) Chaymita	80) Bishmita Das
55) Anadi Haan	81) Bejoy Begun
56) Pritam Bezbaruah	82) Rishi Biswas
57) Bhargava	83) Dhritimita Devi
58) Anshulekha Thakuria	84) David Kay Barik
59) Bhargava	85) Anumita Kalita
60) Ranushinda	86) Kalyani Datta
61) Nisha moni kalita	87) Pija Das
62) Manash Pratim Kashyap	88) Pratik Datta
63) Niharika Deka	89) Najim Hussain
64) Nishita Bhattachary	90) Gaurav Deka
65) Parthiban Halida Khanam	91) Injama Haque
	92) Nikhil Bezbaruah



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- 93) Deepshikha Malakar
- 94) Jitendra Prasad Barman
- 95) Darshini Kalbala
- 96) Harshenishu Barman
- 97) Jeemoni Barman
- 98) Manash Pratim Barman
- 99) David R. Braishya
- 100) Anurmita Kalita
- 101) Shabyashi Dutta
- 102) Puja Das
- 103) Pritam Kalita



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**15. Feedback:**

**DEPARTMENT OF GEOGRAPHY**  
**NALBARI COLLEGE NALBARI**

**CERTIFICATE COURSE ON PERSONALITY DEVELOPMENT AND CAPACITY BUILDING**  
**(An ADD ON Course, 2023)**  
**Feedback Form**

Please rate the following statement (out of 10):

- How valuable the course was towards your personal learning experience?  

1	2	3	4	5	6	7	8	9	10
					✓				
- How efficient were the resource persons?  

1	2	3	4	5	6	7	8	9	10
							✓		
- Rate the overall course experience:  

1	2	3	4	5	6	7	8	9	10
						✓			
- How worthwhile do you feel this course was for your development?  

1	2	3	4	5	6	7	8	9	10
						✓			
- Please elaborate what you liked most about this certificate course:  

*This course can allow me to develop my skills while also providing me with the opportunity of career development in future.*
- Please provide your suggestions that could improve the course:  

*provide clear, detailed instructions and simple languages before the course begins.*

7. Please tick (✓) the specified column that fits your experience. Your sincere feedback will help us to improve.

Sl No	Resource Person	Topic	Resource Person		
			Normal	Interesting	Very interesting
1.	Dr. Kamal Nayan Patowary	Importance of personality development			✓
2.	Dr. Dinamani Bhagawati	Ways to develop positive attitudes	✓		
3.	Prof. Bhaskar Bhatta	Matribhasar Gurutta	✓		
4.	Prof. Pranita Barman	Importance of time management	✓	✓	
5.	Dr. Subrata Barman	Self Esteem, Strategies to build healthy self esteem		✓	
6.	Dr. Nipan Mazumdar	Team Work to achieve a common goal	✓		
7.	Dr. Dipak Goswami	The concept of success & failure			✓
8.	Dr. Rahul Daimary	Importance of understanding democratic rights	✓		
9.	Prof. Ananta Rajbongshi	The art of public speaking strategies	✓		
10.	Dr. Sanjiv Goswami	Communication and Interpersonal Skills of an Individual			✓
11.	Dr. Purabi Sarma	Body language for effective communication	✓		
12.	Dr. Pradyumna Sarma	Decision making skills for conflict & stress management	✓		
13.	Dr. Mani Sarmah	Character building and personality development		✓	
14.	Dr. Ratan Deka	Strategies to develop strong work ethics	✓		
15.	Dr. Rupam Sarma	Importance of self motivation, self motivator, techniques		✓	
16.	Dr. Dibashree Tamuli	Leadership & qualities of a successful leader			✓
17.	Dr. Darshana Goswami	Importance of good manners and etiquette in daily life			✓
18.	Dr. Bishnu Bhattacharya	Importance of effective financial management		✓	
19.	Dr. Ranjana Bhattacharya	Interpersonal Relationship			✓
20.	Dr. Ranjan Jyoti Sarma	Importance of E-Learning and E-Learning management	✓		

8. Please provide any additional suggestion:  

*we will highly grateful if speaker is provided*

Date: 25-11-23  
Place: Nalbari.



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16. Certificate:

